

Dear Parents or Guardians,

Thank you for choosing Bear Creek Camp for your child's camp experience in 2017. We are excited that you are joining us for Nature Day Camp!

The following information is intended to help you and your camper prepare for camp and have the best possible experience at Bear Creek Camp. Even if you are a longtime Bear Creek Camp supporter, please take a few minutes to read through the packet as some things may have changed.

We are looking forward to having tons of fun and learning about God's awesome creation while at camp. We will begin each day with a fun, activity-based Bible study, and then continue the fun and learning with hiking, aquatic activities, games, arts and crafts, and much more! As campers grow individually and as a group, they will discover ecological connections in the world around them.

Please feel free to contact me if you have any questions concerning your week at Bear Creek Camp.

Nature Rocks!

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Denise Abrams Environmental Education Programs Bear Creek Camp 570-472-3741 X4 bcnc@bearcreekcamp.org



Preparing for Camp

This adventure starts before a camper ever arrives at camp. The anticipation and preparation for camp can have a great impact on the camp experience.

Packing

Please send sturdy comfortable clothes with your camper. The kids will be very active during the week and clothing will get dirty, wet, and muddy as they tromp through the woods, splash in mud puddles, and play in the creek. Please send only items that you and your camper won't be upset if they are ruined. Bear Creek Camp requires that closed-toed, closed-heeled shoes be worn during any running activity. Hiking boots or sneakers are fine for the trails and water shoes or old sneakers for the streams. We do allow a Croc/Teva/Keen type of sandal, as long as it has a closed-toe and heel strap on the back.

Packing List

Campers should bring the following items for their use at camp. Some of these items may be stored at camp for the week, but Bear Creek Camp cannot be responsible for lost items. It's best to write the camper's name on all items as we have a lost and found box in the Nature Center.

- Backpack with sturdy straps (to store items and for day hiking)
- Shoes to hike (hiking boots, sneakers or closed toe shoes)
- Water shoes or old shoes that can get wet (no flip flops)
- Swimsuit/Towel
- Water bottle
- Change of clothes

- Sweatshirt/light jacket (mornings are chilly up here)
- Bagged lunch w/ drink (Ages 4-6 only)
- Sunscreen & Insect repellent
- Medication (if needed)
- Rain Gear
- Something white to Tye Dye (T-shirt, pillowcase, socks, bandana, etc.)

Items not to bring to camp:

- Flip Flops
- Electronics (cell phones, iPods, video game systems, etc...)
- Any type of weapon
- Fireworks
- Alcohol, tobacco products, other drugs or drug paraphernalia

During Camp

Check-In

The camping week begins Monday starting at 9:00 am at the Nature Center (first building as you come into main camp). Check-In does take some time and your patience is appreciated.

Medications

All medications will be collected during Check-In. Please have medicine (prescription & over-the-counter) with you during the Check-In process. All medications must be stored with the Health Care Manager while at camp. Please bring medication in original container with all prescription information on it and bring it to camp in a zip lock bag. Please mark the bag with the camper's name and place a 3x5 index card or piece of paper in the bag with the following information:

- Camper's name
- Name of the medication and the dosage
- Directions for taking the medication
- When the medication is to be taken

Illness or Injury

Bear Creek Camp does not carry primary medical insurance for campers. Parents are financially responsible for the cost of any medical care needed. We will contact parents or guardians of any camper that is taken to the emergency room.

Camp Store

The Bear Creek Camp Store will be open Tuesdays from 1:00 to 1:45 pm and Thursdays from 3:00 to 3:45 pm. The camp store gladly accepts cash, checks and credit cards.

Before/Aftercare

Before/Aftercare will be provided at the cost of \$5 per half hour increments starting at 8:30 am and after the camper's scheduled program has ended (Young Naturalists finish at 1:00 pm or Nature Explorers finish at 3:00 pm). All campers must be picked up by 5:00 pm. Aftercare payments must be paid in full by Friday pickup via cash or check.

Camper Behavior

Bear Creek Camp strives to create an environment where all campers are respected and safe. The camp reserves the right to send home any child who refuses to follow the rules or, in the opinion of the director(s), is unable to function adequately in the camp setting. If issues do arise, we will work with you to come up with a solution. Please discuss the following rules with your camper prior to their arrival at camp.

General Camper Rules:

- Campers should treat all campers and staff, as well as their belongings, with respect.
- Campers should use camp property and supplies in the intended manner, graffiti and vandalism are not permitted.
- Swimming and boating is not allowed unless a certified Bear Creek Camp Lifeguard is on duty guarding.
- Ropes courses and rock wall are off limits unless accompanied by a trained staff member.
- Illegal substances (cigarettes, alcohol, drugs, etc) are not permitted. Bear Creek Camp is a smoke free environment.

Our Staff

The Bear Creek Nature Day Camp Counselors are trained Naturalists. In addition to our summer program training, the counselors are certified in First- Aid and CPR. Our counselors are trained to help campers grow through their camp experience. If your camper needs additional support while at camp, the camp staff will contact you to work through the situation.



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